

# KARATE



Sensei Franco Sanguinetti has over 40 years of active and professional Martial Arts experience. He has been teaching Karate and Self-Defense in the San Marcos School District since 1994.

- \* Carrillo Elementary School
- \* San Elijo Elementary School
- \* La Costa Meadows Elementary School
- \* Discovery Isle Child Development Center

### Students will learn

- \* Life Saving Self-Defense Techniques
- \* Self Confidence
- \* Vital Leadership Skills
- \* Strength, Speed and Conditioning Drills
- \* Respect and Discipline
- \* How to Stand Up to Bullies
- \* Japanese Language
- \* Focus and Concentration

**BRING THIS FLYER to the Bushikan Karate Dojo and upon registration receive a FREE UNIFORM and WE WILL DONATE \$100 to your school!!**

**Call now for a Free Week of Classes (760) 744-5560**



**BUSHIKAN KARATE DOJO**  
1665 S. Rancho Santa Fe Rd #A  
San Marcos, CA 92078  
(760) 744-5560  
[www.bushikan.com](http://www.bushikan.com)

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